#### MINUTES

# San Bernardino County BEHAVIORAL HEALTH COMMISSION PUBLIC SESSION

EHAVIORAL HEALTH COMMISSION PUBLIC SESSION September 2, 2010; 12:00-2:00 pm

BHRC, 850 E. Foothill Blvd. - Auditorium Rialto, CA 92376

# **Commissioners Present:**

Chris Massa, Roberto Casas, Gabriel Gonzales Monica Wilson, Susan McGee-Stehsel, Veatrice Jews, Michael Hill, May Farr, Monica Alonso, Bill Swift, Jane Godager, Tanya Perry and Talli Simmons on behalf of Supervisor Neil Derry.

# Absent:

David Ford, Jane Mercer, Tom Rivera

## **Guests:**

Allan Rawland Director; Debi Pasco Clerk of the Mental Health Commission; Angel Baltazar, Office of Supervisor Josie Gonzales; John Richardson, County Administrative Office; Sarah Rushbrook, Sandy Fike, Melissa Glastetter, Morongo Basin Mental Health; Dr. Winifera Harper, Program Manager, Juvenile Justice Law Center, Inc.; Patrick McKinstry, The LaBaron Group Inc.; Sandy Harmsen; Jeanette Hill; Rodolfo Pinon, Casa De San Bernardino; Sandy Kopp, Gen Lonrenco, High Desert Crisis Walk In Center; Kathy Turnball; Children's Network Workforce Development Department; Joe Guzman, EMQ; K. Akrom, San Bernardino County School District; Tracey Heindfelman, Sheri Marquez, Paula Quijano, Debbie Reno-Smith, Victor Community Support Services; S. Beaulieu, LSU; Marsha Matthews, MHS Inc.; Jody Hawn, Making a Difference Association; Alexis Stratton, MADA; Cheryl Ladly, DMSCC; Faith Ikeda, Pathways to Recovery; Bevery Scott, Michael Moreno, Public; Mariann Ruffolo, Benita Ramsey, Lisa Hamilton, Jonathan Buffong, Tina Pham, Michael Knight, Megan Cuy Castellanos, Paula Rutten, Ron Smith, Carol Michelson, Tim Hougen, Bob Sudol, Larry Sanchez, Linda Porter, Maria Coronado, Arelis Martinez, David Denkers, Kim Rosa, Liz Galvan, Dennis Terrones, Veronica Kelley, Michael Day, Susan Davis, Lauretta Ross, Chu Le, Rebecca Gehlde-Baez, Adny Gruchy, Doris Turner, Marilyn Ashton, Michelle Dusick, Michael Schertell, Gary Atkins, Susanne Kulesa, Jatin Dalal, and Lisa McGinnis, DBH

### CALL TO ORDER. INTRODUCTIONS AND MINUTES FROM LAST MEETING

Acting Chairperson Susan McGee-Stehsel called the meeting to order at 12:04 p.m. Self introductions followed.

The members of the Commission approved the agenda for today's meeting. The Public Session minutes of 6/3/2010 and 7/1/2010 were approved as written.

# **CULTURAL COMPETENCY AWARD OF EXCELLENCE**

Veronica Kelley, Cultural Competency Officer presented the August Cultural Competence Award of Excellence to Patrick McKinstry, President and CEO, The LaBaron Group,

#### **Nomination:**

"Mr. McKinstry has shown his love for all people across all cultural ethnic groups without disrespect of any persons. His heart beats for this community and his drive is very strong, very passionate, far beyond that of any other person in his position or class of persons within San Bernardino County. Too often he is not recognized for any contribution that he has done in this community, yet he is more than worthy of recognition. I could say so much more, but personally I believe Mr. McKinstry is a great candidate for this award."

Congratulations Patrick!

## 2010 NATIONAL ASSOCIATION OF COUNTIES (NACo) AWARD RECIPIENTS

Sarah Eberhardt-Rios, Interim Deputy Director announced that each year the National Association of Counties (NACo) issues Achievement Awards to counties across the country in recognition of innovative programs that benefit the public. Those involved in the following programs were recipients of 2010 NACo Award:

- Assisting and Guiding Consumers to Self-Sufficiency: Benefits Orientation Teams assists consumers with possible benefits and resources.
- Improving the Social, Developmental, Cognitive, Emotional and Behavioral Functioning of Children (Ages 0-5): Known locally as SART, this is collaborative effort of Department of Behavioral Health (DBH), Children and Family Services, Department of Public Health, First 5 of San Berndino, Children's Network, and community agencies.
- License Exam Prep Program: This is a collaborative effort by DBH and Workforce Development to provide clinical licensing for pre-licensed staff. 50% of participants became licensed within the 1st year.
- Three 24-Hour Crisis Walk-In Centers (CWIC) for Urgent Behavioral Health: 3 CWICs are strategically located throughout the county; the Rialto location is county operated; the High Desert and Morongo Basin locations are operated by contract providers.
- Law Enforcement Performs Social Work Electronically: 315 law enforcement officers have been trained in Crisis Intervention Training (CIT).

# **PUBLIC COMMENTS**

Lisa Hamilton, Mental Health Education Consultant, wanted to thank staff members of CWIC for their support and assistance to law enforcement officers.

## **CHAIRPERSON'S REPORT**

Acting Chairperson Susan McGee-Stehsel recently spent time with Agewise in the living centers, where older adults are assisted with living situations. She also announced that the Board of Supervisors approved amendments to the Mental Health Commission Bylaws on 8/24/10. Director Rawland announced the amendments:

- Change of name to Behavioral Health Commission: Commissioners can now address co-occurring and substance abuse as well as mental health as we move towards parity and healthcare reform.
- One member of the Commission will represent the alcohol and drug community.
- One member will represent the Transitional Age Youth (TAY) community (16-25 yr old).
- Addition of the District Advisory Committees establishing standards and expectations.

Director Rawland stated that the Board of Supervisors are very supportive of treating the whole person.

#### **COMMISSIONER REPORTS**

## **First District:**

Commissioner Gabriel Gonzales shared a draft of the mural that he and fellow artists will paint on the west wall of the BHRC Auditorium capturing diverse geographical areas throughout San Bernardino County.

Commissioner Bill Swift commended Debbie Reno-Smith, Victor Community Support Services, for all of her hard work in the high desert. He also mentioned that several homeless and TAY individuals have attended 1<sup>st</sup> District Advisory Committee seeking resources; however there are no homeless services in that area.

#### **Second District:**

Commissioner Monica Alonso is a participant in the Full Service Partnership Program and a member of the Upland Clubhouse. She will soon begin Peer and Family Advocate classes.

Commissioner May Farr attended the NAMI National and CA conferences. May would be happy to share a video she acquired by a child psychiatrist who's father was diagnosed with schizophrenia. The video will soon air on PBS. She

reminded everyone of the NAMI Walk on 11/6/10 at Diamond Valley Lake in Hemet. She also announced the 2<sup>nd</sup> Distict Advisory Committee will meet on 9/21/10 at Rancho TAY Center.

#### **Third District:**

Commissioner Chris Massa attended the NAMI CA Conference on 8/27-28. He attended several notable workshops, one of which was facilitated by our own David Miller, Peer and Family Advocate, entitled "Rural Wellness Centers".

Commissioner Tanya Perry mentioned that there have been many cutbacks in her school districts in Big Bear.

#### **Fourth District**:

Commissioner Monica Wilson will present at an upcoming Inland Resource Fair workshop. She is also working on a UCLA Health Policy survey regarding the mental health of adults.

## **Fifth District:**

Commissioner Veatrice Jews recently participated in a minority mental health webinar. She continues to work with the African American Mental Health Coalition working to establish a clergy network similar to Los Angeles.

Commissioner Jane Godager attended a Women's Club meeting at the Mission Inn. She mentioned that a member of TAY is on their Planning Board. She also stated that the 2010 consumer artwork on the wall looks fantastic.

# **Board of Supervisor:**

Talli Simmons, Constituent Services Representative for Supervisor Neil Derry thanked Gary Atkins for assisting a constituent with the right services at the right time.

# **DIRECTOR'S REPORT**

Commissioner Gabriel Gonzales' artwork has been in every DBH calendar for the last 5 years, as well as calendars from the Mental Health Oversight and Accountability Commssion and the CA Institute of Mental Health. Director Rawland congratulated each of the NACO Award recipients and the collabortive effort between the departments.

Director Rawland acknowledged Angel Baltazar, Field Representative for Supervisor Josie Gonzales, and past Public Health employee. Ms. Baltazar was instumental in establishing the Healthy Communities Program. Director Rawland welcomed John Richardson, County Administrative Office Intergoverment Relations.

### FY 2010-2011 State and County Budget

We have an approved county budget and all departments are addressing shortfalls. The state has a \$19 billion shortfall with no budget as of yet. The Jobs Bill has passed, as well as the extension of increased Federal participation (FFP or FMAP) of 61.59%. When the extension ends on 6/11/10, we will need to address \$6 million deficit. Vehicle license fees and sales tax are continuing to decline. Dr. Dalal, Medical Director has decreased pharmaceutical costs by \$5 million. The Board of Supervisors are supportive of our mitigation efforts. We will not receive Drug Medi-Cal funding from the state.

Linda Haugan, Assistant County Administrator has created a proactive taskforce for the planning and implementation of the CA Medi-Cal 1115 Waiver-Bridge to Healthcare Reform: 26% of the population are uninsured, and 50% fall under 200% of poverty level. Sarah Eberhardt-Rios will provide an upcoming special presentation on this topic.

# **SPECIAL PRESENTATION: Community Coalitions**

Veronica Kelley, Cultural Competency Officer presented the demographic information of San Bernardino County. Reaching out and engaging diverse cultural groups is important for bringing people to community meetings. Strategies include:

- Email blasts to community agencies and coalitions
- Offering interpreter services

Benita Ramsey and Jonathan Buffong, DBH Community Liaisons engaged the Commissioners and audience in an exercise to promote attendance at District Advisory Committees (DACs). The task was to develop a DAC commercial designed to encourage target audience to attend meetings and events. The Office of Cultural Competence and Ethnic Services are always available to assist.

#### **NEW BUSINESS**

The members of the Commission reviewed and approved the Agreement with the CA Department of Mental Health for State Psychiatric Inpatient Hospital Beds at Patton and Metropolitan State Hospitals (Agreement No. 09-79113-000).

## **OUTSIDE AGENCY REPORTS**

Lynn Neuenswander, Public Information Officer announced there will be an Open House for the new Nell Soto Residential Based Services Program on 9/7/10 from 11am-1pm. This is a collaborative effort between Behavioral Health, Children and Family Services, Victor Community Center and Inland Regional Center. Fifth District Supervisor Josie Gonzales will provide opening remarks.

The High Desert Crisis Walk-In Center will host a Community Appreciation Day in Victorville on 9/22/10 from 11am-1pm. Supervisor Brad Mitzelfelt will provide opening remarks.

Recovery Happens will take place at Sylvan Park on 9/11/10. The Board of Supervisors issued a Proclamation designating September 2010 as National Alcohol and Drug Addiction Recovery Month on 9/14/10.

DBH will celebrate Mental Health Week, October 4-8, highlighting Clubhouse members and recovery.

Ms. Neuenswander has been in contact with the office of Glenn Close, who may be our next guest speaker for the May 2011 Evening with the Stars event!

# **ADJOURNMENT**

Susan McGee-Stehsel	Debi Pasco
Acting Chairperson	Clerk of the Behavioral Health Commission

Being no further items to discuss the meeting was adjourned at 2:10 p.m.